

Self-Confidence Inventory		Date:	
Ask yourself....		Yes	No
Do I believe I have leadership qualities?			
Have I made a commitment to regular attendance of a home group or am I willing to select a group as my home group?			
Am I informed and prepared to take part in group conscience meetings?			
Do I listen attentively when others share?			
Do I share my opinion even if it is the minority opinion?			
Do I volunteer for service?			
Do I share fears or feelings of self-doubt with my Sponsor/Service Sponsor?			
Do I believe good personal leadership skills are important to my recovery?			
Do I encourage others to share and participate?			
Am I willing to ask for help?			
Do I fear the idea of leadership?			

Where am I in overcoming my fears and building my self-confidence as a leader/trusted servant?

Leadership Traits

Personal Reflections	Leadership traits identified in Concept Nine: Do I have the trait of...		If not, what can I do to develop this trait?	
	Yes	No		
	Responsibility?			
	Tolerance?			
	Able to accept criticism?			
	Flexibility?			
	Judgment?			
	Vision?			
	Trust in myself?			
	In others?			

Personal Leadership Empowerment Plan	
What traits do I want to develop, with the help of my Higher Power, in order to empower myself as a leader/trusted servant?	
What fears do I need to turn over to a Higher Power for removal in order to build self-confidence in my leadership skills?	
What service position would I like to consider for my personal growth within the next year?	
What service position would I like to consider for my personal growth within the next three years?	
Is there someone that I know or see in an Al-Anon service role that I would like to consider being my Service Sponsor?	Name:
I will ask them for their name and phone number!	Phone:

This is a personal self-awareness tool and not for widespread distribution.

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