District 6 Al-Anon Workshop

In Giving, We Receive

September 8, 2018

11:00 am - 4:30 pm

Al-Anon's purpose is to help families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend.

Panels and Schedule:

11:15-12:00 Facing Our Fears

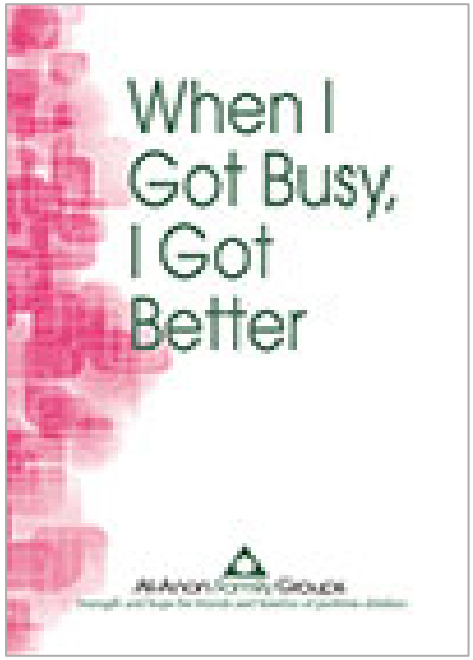
12:00-12:30 Lunch

12:30- 1:15 Replacing Isolation

1:30- 2:15 Self Esteem

2:30- 3:15 Gratitude

3:30- 4:15 Reaching Out to Others



Lunch will be catered from Cousins Subs and Refreshments will be provided

"Grab Bags" and Door Prizes Throughout the day

Participants will receive a copy of When I Got Busy, I Got Better

For more information or questions email: drdistrict6@area61afg.org

Gratitude Club, 295 Ruggles St., Fond du Lac, WI