

# Welcome

The Al-Anon/Alateen Family Groups are a fellowship of friends and relatives of alcoholics who share their experience, strength, and hope in order to solve their common problems.

We believe that alcoholism is a family illness and that changed attitudes can aid recovery. The primary purpose of Al-Anon and Alateen Family Groups is to help friends and family members of alcoholics whether the alcoholic is still drinking or not.

Here you'll meet others who have gone through experiences similar to yours. You can share your story in comfort, knowing that your anonymity is protected. You'll find Al-Anon / Alateen literature and materials as well as other tools to help you get back the sanity and serenity you deserve.

As a newcomer, you may feel that you're here for the alcoholic . . . that you may learn how to stop his or her drinking. The truth is that you're here because of the alcoholic and not for the alcoholic. You'll learn that you did not cause the alcoholic to drink, that you cannot control his or her drinking, and that you can't cure the alcoholic. You're here for yourself. This is your program, your recovery from the effects of the disease of alcoholism.

**Keep coming back.  
It works if you work it!**

# Is Al-Anon / Alateen for Me?

Millions of people are affected by the excessive drinking of someone close, perhaps a family member, coworker, friend, or neighbor. Take a look at these questions to see if Al-Anon or Alateen may help you.

- Do you worry about how much someone else drinks?
- Do you tell lies to cover up for someone else's drinking?
- Do you feel that there's no one who understands your problems?
- Do you feel that drinking is more important to your loved one than you are?
- Do you make threats such as, "If you don't stop drinking, I'll leave you"?
- Do you secretly try to smell the drinker's breath?
- Have you considered calling the police for help in fear of abuse?
- Do you search for hidden alcohol?
- Are you losing sleep or time from work or school because of problems related to someone else's drinking?

If you answered "yes" to any of these questions, please consider attending an Al-Anon or Alateen meeting. You'll find people who have been through experiences similar to yours who can help you regain the sanity and serenity that you deserve.

# Are you troubled by someone's drinking?

**Al-Anon/Alateen Family Groups  
Strength and Hope for families  
and Friends of alcoholics**

**AFG Headquarters, Inc.**  
**[www.al-anon.org](http://www.al-anon.org)**  
**(888)-425-2666 (M-F, 8am-6pm ET)**

**AREA 61 AFG**  
**WI. & the Upper Peninsula  
of Michigan**

**District 7 AFG**  
**Serving Outagamie, Shawano, &  
Waupaca counties & the Neenah-  
Menasha area of Wisconsin**

**To print DISTRICT 7 MEETING LIST**  
**[www.area61afg.org](http://www.area61afg.org)**  
**select MEETINGS /**  
**DISTRICT & MEETING LISTS**  
**Scroll down to: District 7 Meeting List**

**SEND MEETING  
UPDATES / CHANGES TO:**  
**[drdistrict7@area61afg.org](mailto:drdistrict7@area61afg.org)**

## Al-Anon / Alateen Meetings – District 7

### APPLETON

- Monday – 8:00 pm Serenity through Progress AFG  
St. Mary Church, Room LL06  
312 S. State Street – Ramp & elevator\*\*  
Enter at State and 8<sup>th</sup> St. – follow signs
- Tuesday – 8:30 am Book Study AFG  
9:30 am Attitude of Gratitude & Beginners Mtgs  
First United Methodist Church\*\*  
325 E Franklin St west Office Door  
Down stairs, then left-Rm. B116
- Tuesday – 6:30 pm Steps to Serenity AFG  
St. Elizabeth Hospital 1506 S Oneida St  
Fowler Conf. Rm 3, entrance by parking\*\*  
Garage, upstairs behind piano
- Tuesday – 7:00 pm Alateen - Serene Teens, Rm B102  
First United Methodist Church\*\*  
325 E. Franklin Street
- Wed. – 6:30 pm Mamas and Papas AFG  
Options Treatment Programs  
1000 N Lynndale Drive  
Side entrance, follow signs
- Thurs. – 7:30 pm How AFG Works - Book Study  
St. Elizabeth Hospital 1506 S Oneida St\*\*  
Fowler Conf. Rm 3, entrance by parking garage,  
upstairs behind piano
- Thurs. – 9 am One Step At A Time – Step Meeting  
First United Methodist Church\*\*  
325 E Franklin St west Office Door  
Down stairs, then left-Rm. B116
- Friday – 10:00 am Friday Morning at Genesis Club AFG  
1213 N. Appleton Street
- Friday – 7:00 pm Friday Night Hearthside Group AFG  
First Congregational Church\*\*  
724 E. South River Street
- Saturday – 10 am Saturday Morning AFG  
St. Bernard Church  
1617 Pine Street, Appleton  
Back of Church, entrance #2

\*\*Accessible to all abilities

### CLINTONVILLE

- Thurs. – 7:00 pm Thursday Evening Group AFG  
Methodist Church  
24 13th Street  
13th street door, down hall, room at  
end on right.

### KAUKAUNA

- Friday – 8:00 pm Kaukauna Fri Nite AFG  
Peace United Methodist Church  
2300 E. Wisconsin Ave.

### MANAWA

- Wed – 7:00 pm Manawa Wednesday Night Group AFG  
St. Paul's Lutheran Church  
742 Depot St.  
Use back entrance, go to lower level

### NAVARINO

- Friday – 8:00 pm Navarino AFG  
Ascension Lutheran Church  
Hwy 156 & McDonald Road  
(3 miles west of Navarino)

### NEENAH

- Sunday – 7:00 pm Neenah Sunday Night, Heritage Rm 106  
– 7:00 pm AAC Mtg Rm 101 after opening in 106  
Theda Clark Medical Center

### SHAWANO

- Tuesday – 7:00 pm Step into Recovery AFG  
Zion Lutheran Church  
1254 S. Lincoln Street  
1st hallway on left, 1st door

- Saturday – 8:00 am Sat Morning Early Risers AFG  
ThedaCare Medical Center  
100 County Road B  
2nd Floor, Loon Lake Room

### WAUPACA

- Monday – 6:00 pm Sweet Serenity AFG  
Trinity Lutheran Church  
206 E Badger St, Waupaca, WI 54981
- Tuesday – 10 am Hope Renewed AFG  
Faith Community Church  
N2541 County Rd K

### WITTENBERG

- Monday – 7:00 pm Wittenberg Support Group AFG  
Holy Family-St. William Church  
202 N. Ellms Street

AFG – Al-Anon Family Groups

## Thoughts to Consider

- Alcoholism is a disease that sometimes affects the behavior of alcoholics.
- Try at least six meetings before deciding whether Al-Anon or Alateen is for you. Don't expect too much too soon.
- Keep an open mind. Take what you like from the meetings and leave the rest.
- Everything said at meetings is confidential.
- We will protect your anonymity and ask that you protect ours.
- During a meeting, please feel free to share if you're comfortable or "pass" and just listen.
- To work our program, we've found these ideas to be helpful:
  - Read as much as possible about alcoholism
  - Go to meetings
  - Call people on the Al-Anon/Alateen phone list
  - Develop a trusting relationship with a sponsor
- Al-Anon is a spiritual program, not religious.
- There are no dues or fees for membership; we are fully self-supporting through voluntary contributions
- At the end of our meetings, we often share hugs. Please feel free to accept them or not.

### The Serenity Prayer

God, grant me the serenity  
To accept the things I cannot change,  
Courage to change the things I can,  
And wisdom to know the difference.

AAC – Al-Anon Adult Children Revised 3-2018